

HAES Australia Inc

Incorporated Association registered with the Queensland Office of Fair Trading
Registration: IA41354

Annual Report 2021-2022



Management Committee 2022-2023

President: Natasha Korbut

Treasurer: Meg McClintock

Secretary: Naomi Fitzpatrick

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President's report

2022-2023 year has been a significant year of growth for Health At Every Size Australia. To start with, our organization has undergone a temporary trading name change to *Size Inclusive Health Australia*. This was done for multiple reasons including respecting advocacy work by the American organization ASDAH (Association of Size Diversity and Health), signalling organizational changes, and providing an opportunity to lean into our organization's values.

Other major organizational changes undergone in the 2022-23 year have included two constitutional amendments; first to allow ordinary members (people with lived experience) to vote and take leadership positions, second, amending pronouns and wording in our constitution to be more inclusive of the community. We have completed the application to transition our organisation to a Registered Australian Body – a move that will allow the organisation to diversify its income streams.

We have also created and revised internal policies and procedures to assist onboarding of new volunteers, as well as improved the accessibility and security of documents. Although we were sad to see our Lived Experience Advisory Board (LEAB) lose two members (Elissa Jenkins and Jenny Lee), we have improved the systems and communication channels between the LEAB and the volunteers. We would like to thank previous members and current members Edith Hopper, Sam Ikin and Ruth Leach, for their advocacy, feedback and guidance.

Our organisation continues to deliver member benefits including verified provider listing, a resource for verified providers to assist with the temporary trading name change, bi-monthly zoom catch ups, and in person-catch ups for QLD members.

I am pleased to report that our organisation has grown in the 2022-23 year. This includes 23 General - health professionals, 6 General - community members, 11 Students, 8 Medical professionals and 5 Verified providers. This brings us to a total of 53 new members.

I have officially completed by term of presidency and am of the understanding that recruitment for a new President is underway. I am so very proud of what our organisation has achieved this year, and cannot wait to see it continue to grow and lean into its values.

Natasha Korbut

Outgoing President

2022-23

Lived Experience Advisory Board

During 2022-23 our Lived Experience Advisory Board (LEAB) members Dr Jenny Lee, Edith Hopper, Elissa Jenkins, Sam Ikin and Ruth Leach have been incredibly generous with their time, wisdom, and direction.

We would like to thank exiting members Dr Jenny Lee and Elissa Jenkins for their time and value contributions to the LEAB.

Executive Committee

At our Annual General Meeting, all executive members resigned their positions in accordance with the HAES Australia Constitution. Natasha Korbut stepped down as President, and we are grateful for her contributions in the role over the past 12 months. Naomi Fitzpatrick returned in the role of Treasurer and a new secretary Monique Jephcote was elected as the Secretary. The role of Vice President is currently vacant.

Volunteer Working Groups

In order to meet our strategic goals, HAES Australia continued with 4 volunteer working groups: Membership, Advocacy, Governance, and Communications.

Membership

The membership working group was co-chaired by Evangiline Gardiner & Shelley Lask. Membership of HAES Australia remained stable with both new, continuing and lapsed memberships. Membership has significantly expanded within the general membership category, a response to the introduction of community general membership options. Membership also increased from medical professionals and students.

2021	2022	2022-23
Total members: 464	Total members: 317	Total members: 309
Verified Providers: 100	Verified Providers: 87	Verified Providers: 78
General members: 140	General members: 126	General Members: 99
Medical Professionals: 51	Medical Professionals: 55	Medical Professionals: 65
Student members: 164	Student members: 49	Student Members: 67
Community members: 9		

The membership team met regularly during 2022-23, and made significant progress with their 2022-23 goals to engage more with existing members and refine systems for processing membership requests. In 2023, the membership team’s goals included continuing to host online member events, and social networking to foster and grow the HAES Australia community.

Advocacy

The advocacy working group is chaired by Bronwyn Mitchell, alongside volunteers Rachel Watkinson, Ruth Leech. In 2022-23 the Advocacy working group met several

times, and responded quickly to a range of issues such as enquiries regarding conference presentations and contextualising the HAES ® principles in Australia. The advocacy group continued to work on drafts of an organisational White Paper.

Governance

Our Governance working group is facilitated by Dr Fiona Willer alongside volunteer Dr Carolynne White. The HAES Australia Governance Committee continued to provide oversight and advice to the HAES Australia Management Committee on issues such as:

- Membership types and feeds.
- Business case proposed to change organisational structure in view of eventually changing to charity status.
- Assessing risk and supporting governance skills building to ensure an appropriate spread of skills in the management committee and organisation subcommittees
- Ethical business practices
- Scaling the organisation for growth and sustainability
- Ensuring ongoing financial solvency
- Assessing risks and opportunities when considering partnerships and projects with allied organisations

Communications

Our Communications working group is co-chaired by Holly Richards and Susan Williams. Achievements for 2022-23 include: the re-audit of the HAES Australia website and social media platforms; facilitation of trading name change across all platforms to be Size Inclusive Health Australia; continued distribution of HAES aligned promotional material across social media platforms; improving the usability of the HAES Australia website; improving ongoing visibility of HAES principles. Goals for 2023-24 include continuing newsletter frequency, and contributing to a framework for sharing information about size-inclusive businesses and opportunities.

Financial Statements 2022-2023

These statements are as required for reporting to the Office of Fair Trading Queensland and will be submitted with the Annual Return of Association (Form 12-1)

HAES Australia declares it has not received money, employment, in-kind support or gifts from pharmaceutical, weight-loss, food or fitness industries, and never will.

Statement of Financial Position 1 July 2022 to 30 June 2023

ASSETS \$ 10, 904.89

LIABILITIES Nil

BALANCE 30 JUNE 2023 \$13, 422.47

Income and Expenditure Statement

1 July 2022 to 30 June 2023

2022-23	
Type	Amount
Taxable Credits (ie bank interest and non-membership dues sales)	\$26.11
Non-taxable credits (membership dues)	\$6,200.00
Debits	
Financial position at 1 July 2022	\$10,904.89
Financial position at 30 June 2023	\$13,422.47
INCOME SUMMARY 2022-2023 FY	\$6,201.11
Total interest from bank	\$1.11
Membership dues - PayPal	\$6,200.00
Other income	\$25.00
PURCHASE SUMMARY 2022-2023 FY	\$3,780.08
Total debit card fees from bank	\$36.00
Bank transaction fees - international, from Wild Apricot, Crazy Domains	\$72.69
Lived Experience Committee	\$695.00
Annual registration with Dept of Fair Trading	\$58.60
Domain Name Registration & Hosting	\$130.32
Wild Apricot website costs	\$2,340.05
PayPal fees (collected at point of sale and already deducted from dues)	\$216.53

Zoom membership	\$230.89
Membership	180 sold \$6200
95 x General Memberships (\$25 ea)	\$2,375
85 x Verified Provider memberships (\$45 each, 2 x late \$50 each)	\$3,825

The HAES Australia bank account is held by Bendigo Bank Ltd. The major expense for this year was website costs.

Electronically Signed Off by President: Natasha Korbut